


Bantam & Bidy



SNACKS & SOUP *side of carrots & celery or gluten free crackers +1*

- Organic Black Bean Soup** with tabasco cream^{GF} **5.99** cup/**8.99** bowl
- Chicken Brunswick Stew** with jalapeño cornbread^{GF} **5.99** cup/**8.99** bowl
- Crispy Chicken Wings^{GF}**
Buffalo or Thai Chili **8.99** 6 pc / **14.99** 10 pc
- Deviled Eggs** bourbon smoked paprika^{GF} **5.99**
- Fried Chicken Tenders** wasabi honey^{GF} **5.99** 3 pc / **10.99** 6 pc
 *Spicy on Request.*
- Fried Green Tomatoes** with fresh goat cheese^{V&GF} **8.99**
- Pimento Cheese** veggies, crackers^{V&GF} **6.99**
- Chicken Nachos** grilled or fried chicken, chipotle cheese sauce, pico de gallo, scallions & sour cream^{GF} **12.99**
avocado +2, fresh jalapeño +.50

BUSINESS LUNCH PLATE **12.99**

Served with gluten free jalapeño cornbread & soda or brewed tea. No substitutions. Dine-in only. No discounts apply. Mon-Fri, 11:30am-2pm



- ¼ Chicken + one side**
- Meatloaf + one side**
- Roast Chicken Stew**

ROAST CHICKEN^{GF}

*Served with a choice of bbq sauce, beer mustard, piri piri or wasabi honey, two sides & cornbread. *All white meat +2. No skin upon request.*

- ¼ Chicken **14.99** | ½ Chicken **16.99****

ENTRÉES *All entrees served with gluten free jalapeño cornbread. Substitute cheddar biscuit + 1. Substitute soup + 1. Substitute fried green tomatoes as a side + 1.50*

- Meatloaf** White Oak Pastures grass-fed beef, tomato gravy, two sides^{GF} **17.99**
- Fresh Vegetable Plate** **13.99** 4 sides / **15.99** 6 sides
- Fried Chicken Tenders** wasabi honey, two sides^{GF} **15.99**
 *Spicy on Request.*
- Roast Chicken Stew** fresh herbs, potatoes, cheddar biscuit served on top **13.99**
avocado +2, jalapeños +.50
- Sautéed Salmon Filet** 5 ounce filet, dill mustard sauce, two sides^{GF} *à la carte salmon* **8.95** **18.99**
- Fried Shrimp Basket** 6 Gulf shrimp & creole mayo, two sides^{GF} **15.99**
 *Spicy on Request.*


Bone-In Fried Chicken Dinner wasabi honey, two sides

 *Spicy on Request.*
all white meat +2

- 11.99** 2 pc / **13.99** 3 pc / **15.99** 4 pc

WEEKEND SPECIALS

No substitutions. Dine-in only. No discounts apply. After 5pm Fri-Sun

- FRIDAY NIGHT Fried Fish Basket **16.99****
crispy fish with fries, jalapeño cornbread & comeback sauce^{GF}
 *Spicy on Request.*
- SATURDAY NIGHT Vegas T-Bone Steak Night **24.99****
14 oz. T-Bone, herb butter, loaded baked potato & one side^{GF}
- SUNDAY NIGHT Gluten-Free Bucket of Fried Chicken **44.99****
12 pieces of bone-in chicken with 3 large sides^{GF} and 4 corn bread^{GF} serves 4-6

BREAKFAST ALL DAY

- Fried Chicken & Cheddar Waffle**
maple syrup, honey butter **15.99**
bacon cheddar waffle + 2, homemade bourbon-pecan syrup + 2
- Banana Bread Waffle**
baked with pecans and ripe banana **13.99**
3 fried chicken tenders + 4

- Buttermilk Pancakes** 3 buttermilk pancakes, honey butter, maple syrup *fresh berries + 2, chocolate chips + 1, whipped cream + .50, gluten free vanilla pancakes upon request + 2* **12.99**
- Southern Breakfast All Day** three farm eggs, creamed grits, pimento cheese, fried okra, Applewood Smoked bacon, jalapeño cornbread **14.99**


SIDES | **4.99** *All sides are gluten free*

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|--------------------------------------|--|-------------------------------------|------------------------------------|
| Creamed Grits ^V | Broccoli Jalapeño Slaw ^V | Cheddar Mac & Cheese ^V | Fried Okra, Jalapeños ^V |
| House-Cut Fries | Kale Caesar Salad ^V | Side Salad ^V | Spicy Collard Greens ^V |
| Cheddar Mashed Potatoes ^V | Quinoa & Spinach Salad ^V | Sautéed Spinach & Garlic | |
| Sweet Potato Fries | Pickled Beets & Goat Cheese ^V | Fried Brussels Sprouts ^V | |

SALADS | **11.99** *Add to any salad: fried chicken tenders, roast chicken + 4, salmon + 5, five shrimp for 5. Additional side of dressing + .50*

- Big Greek Salad** mixed greens, tomato, red onion, olives, feta, cucumber, oregano^{V&GF}
- Power House Salad** mixed greens, farm egg, broccoli, tomato, radish, organic almonds^{V&GF}
- Organic Spinach Salad** organic spinach, quinoa, apples, goat cheese^{V&GF}
- Southern Cobb** mixed greens with Applewood Smoked bacon, tomato, avocado, farm egg, blue cheese, pecans^{GF}
- Homemade Dressings**
balsamic vinaigrette, blue cheese, buttermilk ranch, carrot ginger vinaigrette or caesar dressing, honey mustard

SANDWICHES | **13.99** *Includes choice of one side. Add the following to any sandwich: avocado + 2, blue cheese, pimento cheese, bacon or fried farm egg* + 1. Gluten free bread available + 1.50. Substitute soup + 1*

- Royale with Cheese** fried chicken breast, pimento cheese, Applewood Smoked bacon on a homemade biscuit
- Blackened Chicken Burger** lettuce, tomato, Creole mayo on jalapeño cheddar or potato bun
- Chicken Salad Wrap** lettuce, tomato, Applewood Smoked bacon in whole wheat wrap
- Fried Chicken Sandwich** lettuce, bread & butter pickles, Creole mayo on jalapeño cheddar or potato bun
 *Spicy on Request.*

BREAKFAST Available until 11:30AM Mon-Fri, 3PM Sat & Sun


Gluten free bread upon request + 1.50. Substitute chicken sausage for bacon + 2. All egg whites + .25 Additional side of maple syrup, sour cream, salsa verde, or wasabi honey + .50

3-Egg Omelette* spinach, goat cheese, creamed grits^{V&GF}
fried or roast chicken, pork or chicken sausage or bacon +4 **13.99**


Western Omelette ham, sautéed onions, bell peppers, cheddar, cheese, salsa verde served with creamed grits^{GF} **13.99**

The Southern* three farm eggs, creamed grits, pimento cheese, fried okra, Applewood Smoked bacon, cornbread^{GF} **14.99**


Southern Deluxe* three farm eggs, creamed grits, pimento cheese, fried okra, Applewood Smoked bacon with 2 buttermilk pancakes *gluten free pancakes upon request. + 1.50* **19.99**

3-Egg Burrito* black beans, cheddar, sour cream, rice, salsa verde, in whole wheat tortilla or have it in a bowl *no tortilla*
fried or roast chicken, pork or chicken sausage or bacon +4
 Spicy on Request **11.99**

Protein Scramble* three farm eggs, roast chicken, cheddar or goat cheese, scallions, fresh fruit^{GF} **14.99**

Big Chicken Skillet cheesy chicken home fries topped with three fried chicken tenders and three farm eggs cooked your way^{GF}
 Spicy on Request. **17.99**

Build Your Own Biscuit choice of fried chicken, roast chicken, chicken sausage, pork sausage or Applewood Smoked bacon
fried farm egg* + 1, any cheese + .50 **9.99**

Biscuit & Gravy sausage gravy, buttermilk cheddar biscuit **9.99**
double order | **12.99** farm egg* + 1, pimento cheese + 1, three chicken tenders + 4,
 Spicy on Request


Cheddar Waffle maple syrup, honey butter **11.99**
homemade bourbon-pecan syrup + 2

Fried Chicken & Cheddar Waffle maple syrup, honey butter
bacon cheddar waffle + 2, *homemade bourbon-pecan syrup + 2* **15.99**

Banana Bread Waffle baked with pecans and ripe banana **13.99**
3 fried chicken tenders + 4

Buttermilk Pancakes 3 buttermilk pancakes, honey butter, maple syrup *fresh berries + 2, chocolate chips + 1, whipped cream + .50* *gluten free pancakes upon request + 1.50* **12.99**

French Toast fresh berries, maple syrup, powdered sugar^V **13.99**

Breakfast Tacos 3 tacos with scrambled eggs, pico de gallo, salsa verde, cheddar cheese^V **9.99**
fried or roast chicken, pork or chicken sausage, or Applewood Smoked bacon + 4
avocado + 2, fresh jalapenos + .50,  Spicy on Request

Chilaquiles* tortillas, sunny-side up egg, kale, avocado, salsa verde, sour cream^{V&GF} *Sat & Sun Only*
roast or fried chicken + 4 **13.99**

BREAKFAST SIDES

Applewood Smoked Bacon^{GF} **4.99**

Pork or Chicken Sausage^{GF} **4.99**

Yogurt, Granola,
Fresh Berries, Honey^{V&GF} **4.99**

Potato Home Fries^{V&GF} **4.99**

Single Pancake^V **4.99**
gluten free upon request + .50

Cheddar Biscuit^V **2.99**

Fresh Fruit^{V&GF} **3.99**

Farm Egg, Your Way*^{V&GF} **2.99**

MultiGrain Toast 2 slices^V **1.99**
gluten free upon request + 1

Granola and Milk^{V&GF} **3.99**

LITTLE CLUCKER'S MENU | 9.99

Includes organic juice or milk. 10 & under. NO EXCEPTIONS.
Gluten free bread available upon request + 1.50

Fried Chicken Sandwich mayo, toasted bun, choice of side

Roast Chicken Whole Wheat Quesadilla

Crispy Chicken Macaroni & Cheese^{GF}

Fried Chicken Tenders with BBQ Sauce^{GF} choice of side

Chicken Taco one taco with chicken, cheddar cheese, choice of side
choice of fried or roasted chicken

Fresh Vegetable Plate^{V&GF} selection of three sides

JUICES 16 OZ^{GF} 6.99

The Green Monster
spinach, apple, cucumber, celery, lemon

Apple Zing
carrot, apple, ginger

Grapefruit

Orange fresh squeezed

FAMILY MEAL | 59.99 Serves 3 - 5, take-out only please. Don't forget about dessert!

Choice of our Whole Roast Chicken^{GF} or Chicken Tenders^{GF} (20 pieces) or Meatloaf^{GF} (24 oz) served with a family-sized organic green salad and cornbread^{GF} (4). *Substitute gluten free bread (4) +3 or cheddar biscuits (4) +2 upon request.*

Choice of dressing, 3 large sides & a half gallon of sweet or unsweet Tea. Arnold Palmer + 1.5, Fresh Lemonade +3
Please allow 30 minutes to prepare, no substitutions.

Please note, we take care to provide a safe gluten free dining experience, however we are not a gluten free establishment. Additionally, nut, dairy and soy are used in various recipes throughout the menu. If you have allergies to these or any other items please ask for the manager to ensure a safe dining experience. Thank you.

**These items may be served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.*